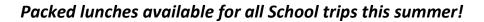
## **Scout Road Academy Menus**







	Monday	Tuesday	Wednesday	Thursday	Friday
Protein Selection (Dishes marked with * have extra	Homemade Bolognaise Pasta	Pepperoni & Cheese Wrap	Roast Chicken	Fish Fingers	Hot Dog
vegetables blended in)	Pasta & Tomato Sauce (V)	Cheese & Beans Wrap (V)	Veggie Filled Yorkshire Pudding (V)	Cheese & Lentil Savoury (V)	Vegetarian Hot Dog (V)
Carbohydrate Selection	Spaghetti	Oven Cooked Potato Wedges	Roast Potatoes	Steamed Potatoes	Hand Cut Chips
Vegetable	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Selection	Garden Peas	Sweetcorn	Cauliflower & Broccoli	Carrots & Green Beans	Baked Beans
Sweet Selection (Fresh Fruit and Yoghurt available daily)	Assorted Homemade Baking	Traditional Rice Pudding Biscuit	Assorted Homemade Baking	Sponge Pudding & Custard	Choc Ices
Weeks Commenc	ing 22 <sup>nd</sup> April	13 <sup>th</sup> May	10 <sup>th</sup> June	1 <sup>st</sup> July	

Jacket Potatoes available daily

(Dishes marked with * have extra vegetables blended in)  Carbohydrate Selection  Salad Bar Salad Bar Selection  Salad Bar Carrots & Green Beans  Gammon Macaroni Cheese * (V)  Roast Potatoes  Steamed Potatoes  Hand Cut Potato Wedges & Crusty Bread  Vegetable Selection  Salad Bar Salad Bar Carrots & Green Beans  Sweet Assorted Homemade Baking  Assorted Homemade Baking  Homemade Tomato Sauce * (Cheese & Tomato Macaroni Cheese * (V)  Roast Potatoes  Steamed Potatoes  Hand Cut Potato Wedges & Crusty Bread  Salad Bar		Monday	Tuesday	Wednesday	Thursday	Friday
Selection       Wedges & Crusty Bread         Vegetable Selection       Salad Bar Salad Bar Salad Bar Garden Peas       Salad Bar Carrots & Green Beans       Salad Bar Salad	hes marked * have extra etables	Homemade Tomato Sauce *  Three Bean Cous	Cheese & Tomato	Gammon  Macaroni Cheese	Bake Roasted Vegetable	Margherita Pizza (V)
Selection  Garden Peas  Carrots & Green Beans  Cauliflower & Sweetcorn  Baked  Broccoli  Sweet  Assorted Homemade Baking  Fudding  Cauliflower & Sweetcorn  Baked  Broccoli  Assorted Homemade Baking  Jelly & Identify Sponge Pudding & Custard  Custard  Custard  Custard  Cauliflower & Sweetcorn  Baked  Broccoli  Baked  Baked  Broccoli  Jelly & Identify Sponge Pudding & Custard  Cus		Spaghetti & Wraps	Wedges & Crusty	Roast Potatoes	Steamed Potatoes	Hand Cut Chips
Selection Homemade Baking Pudding Custard Homemade Baking Jelly & Id			Carrots & Green	Cauliflower &		Salad Bar Baked Beans
Yoghurt available daily)  Biscuit	ction sh Fruit and hurt available	Homemade Baking	Pudding			Jelly & Ice Cream

	Monday	Tuesday	Wednesday	Thursday	Friday
Protein Selection (Dishes marked	Chinese Curry	Breaded Fish	Minced Beef Pie	Sausage Pasta	Bacon Sandwich
with * have extra vegetables blended in)	Vegetable Spring Roll (V)	Tomato Pasta (V)	Cheese Flan (V)	Bean Lasagne (V)	Egg Sandwich (V)
Carbohydrate Selection	Rice & Wrap	Hand Cut Potato Wedges	Roast Potatoes	Garlic Bread	Hand Cut Chips
Vegetable	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Selection	Garden Peas	Carrots & Green Beans	Broccoli & Cauliflower	Sweetcorn	Baked Beans
Sweet Selection (Fresh Fruit and Yoghurt available daily)	Assorted Homemade Baking	Sponge & Custard	Traditional Rice Pudding Biscuit	Assorted Homemade Baking	Iced Cake
Weeks Commenc	ing: 15 <sup>th</sup> April	6 <sup>th</sup> May	3 <sup>rd</sup> June	24 <sup>th</sup> June	15 <sup>th</sup> July

Jacket Potatoes available daily

Menus may be subject to change at short notice due to produce availability.

We are part of Fare Share, so where possible we are trying to incorporate any extra food into our lunches that is available to us so that it doesn't go to waste. Therefore, the lunches you receive may have unexpected items that are not on the menu. This is extra food we receive through Fare Share and we share it out with all schools.

> We are a Sugar Smart School and all our recipes are made with reduced sugar. — All our meat is Red Tractor assured and where possible is locally sourced.

