



PE Long Term Plan
 (2 lessons per week 1 delivered by the class teacher and 1 delivered by HLTA as PPA cover)

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<u>Underlined = Class teacher</u> <i>Italic = HLTA PPA cover</i>							
Acorns	Cycle A	<u>EYFS Movement development</u>	<u>EYFS Dance</u>	<u>EYFS Fitness</u>	<u>EYFS Ball skills</u>	<u>EYFS Throwing and catching</u>	<u>EYFS Fun and games</u>
		<i>Fitness 1</i>	<i>Gymnastics 1</i>	<i>Dance 1</i>	<i>Hockey 1</i>	<i>Cricket 1</i>	<i>Athletics 1</i>
	Cycle B	<u>EYFS Movement development</u>	<u>EYFS Me and myself</u>	<u>EYFS Fitness</u>	<u>EYFS Working with others</u>	<u>EYFS Throwing and catching</u>	<u>EYFS Fun and games</u>
		<i>Dodgeball 1</i>	<i>Dance 2</i>	<i>Gymnastics 2</i>	<i>Football 1</i>	<i>Orienteering 1</i>	<i>Tennis 1</i>
Sapling	Cycle A	<u>Games</u> <i>(Invasion - Football)</i>	<u>Fitness 3</u>	<u>Swimming</u>	<u>Swimming</u>	<u>Games</u> <i>(Target games - Dodgeball)</i>	<u>Games</u> <i>(Striking & Fielding - Cricket)</i>
		<i>Games</i> <i>(Invasion - Hockey)</i>	<i>Dance 3</i>	<i>Gymnastics 3</i>	<i>Games</i> <i>(Invasion - Tag rugby)</i>	<i>OAA 3</i>	<i>Athletics 3</i>
	Cycle B	<u>Games</u> <i>(Net & Wall - Tennis)</i>	<u>Dance 4</u>	<u>Swimming</u>	<u>Swimming</u>	<u>Games</u> <i>(Invasion - Basketball)</i>	<u>Games</u> <i>(Striking & Fielding - Rounders)</i>
		<i>Games</i> <i>(Invasion - Netball)</i>	<i>Games</i> <i>(Invasion - Handball)</i>	<i>Gymnastics 4</i>	<i>Fitness 4</i>	<i>OAA 4</i>	<i>Athletics 4</i>
Oak	Cycle A	<u>Games</u> <i>(Invasion - Tag rugby)</i>	<u>Fitness 5</u>	<u>Games</u> <i>(Invasion games - Handball)</i>	<u>Games</u> <i>(Invasion - Football)</i>	<u>Athletics 5</u>	<u>Games</u> <i>(Striking & Fielding - Cricket)</i>
		<i>Games</i> <i>(Net and Wall - Volleyball)</i>	<i>Gymnastics 5</i>	<i>Dance 5</i>	<i>Games</i> <i>(Net & Wall - Badminton)</i>	<i>Games</i> <i>(Invasion - Hockey)</i>	<i>OAA 5</i>
	Cycle B	<u>Games</u> <i>(Invasion - Netball)</i>	<u>Dance 6</u>	<u>Gymnastics 6</u>	<u>Games</u> <i>(Target games - Dodgeball)</i>	<u>Games</u> <i>(Target games - Golf)</i>	<u>Athletics 6</u>
		<i>Games</i> <i>(Invasion - Basketball)</i>	<i>Games</i> <i>(Net & Wall games - Volleyball)</i>	<i>Fitness 6</i>	<i>Games</i> <i>(Net & Wall - Tennis)</i>	<i>OAA 6</i>	<i>Games</i> <i>(Striking & Fielding - Rounders)</i>